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**Abstract for Keynote Dr Ingo Lambrecht  
ISPS Rotterdam 2019**

## **Scaffolding ‘psychosis’: holding it lightly with culture and compassion.**

Abstract:

No matter how diligently we look for psychosis in the genes, amongst neurotransmitters, or in the brain, psychosis is also an experience of consciousness. Hence the importance of the lived experiences of psychosis. An experiencer of psychosis, however, is neither pure nor privileged, but rather is determined by culture and history. To separate psychosis, and our reasoning about it, from culture and history leads ultimately to the dead ends of absolutes. The lens of culture, along with compassion, may create a space to wonder about psychosis differently.

Biography: Ingo Lambrecht PhD

Dr. Ingo Lambrecht is a consultant clinical psychologist at Manawanui, Māori Mental Health Service in Auckland, New Zealand. His special interests include children and adolescents, psychosis and personality issues, as well as trauma, mindfulness, and compassion. He has also written on the cultural-clinical interface through his clinical work in different cultural settings, and was privileged to undergo an intense shamanic training as a sangoma, a South African traditional healer. In addition to his book, *Sangoma Trance States* (2014), based on his PhD research, he has contributed articles and chapters on the relationships between culture, psychosis, and spirituality, presenting at national and international conferences on these themes.

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