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**Patient and therapist, what stowage arrangements? Psychosis, metapsychology and transfer phenomenology**

Marie-Cécile LALLEMENT, Hubert WYKRETOWICZ, Régis MARION-VEYRON  
University Hospital Centre in Vaud, LAUSANNE, Switzerland

**Learning Goal:**

Our objective is to think about the possible types of connection between therapists and patients suffering from psychosis. The notion of the self in phenomenology and more precisely its concept of "*habitus*", will be considered as a mobilizing category to discuss the psychoanalytical concept of transfer.

**Abstract Text:**

How does the patient, immersed in an experience of strangeness, grasp the therapeutic process? How does he catch the therapist? How does the therapist get gripped and connect to the patient?

Freud initiated the notion of transfer and the psychoanalysts afterwards developed this object of analysis to be interpreted, constituting the transfer-counter-transferential relationship.

The phenomenological movement conducts a descriptive analysis of the deployment of the self. Paul Ricoeur laid the foundations for a *narrative self* that is discovered and constructed through the experience of narratives, of which the therapeutic narrative is a part. Other authors conceptualize the notion of *minimal self* that would precede and make possible the constitution of the narrative self. The minimal self refers to the pre-reflective and first-person dimension of any form of human experience.

By mobilizing the concept of *habitus*, as mentioned by Husserl, an intermediate layer between these two self formations could emerge. It would be a *dispositional self*, an "identity basis" that would give an aura of familiarity to each situation.

How does the *dispositional self* unfold, does it bend when the patient with psychosis loses "his stable plate"? How can the therapist welcome the strangeness that breaks the patient's *habitus* and re-ties him to a narrative self? How can he avoid rigidifying his therapist dispositions, learned during his training?

By taking up this concept of *habitus* in Husserl's work, we could shed light on the transference phenomenon, especially the basic one, which would be established at the preconscious level, but also the triad theorized by Lacan around the real, the symbolic and the imaginary.

We will be keen to engage in a dialogue between phenomenological and transfer concepts through the Freudian and Lacanian psychoanalytic movements in order to shed light on the phenomenon of therapeutic anchoring in the constellations of psychosis.

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