



## 6. Peter Dierinck en Stijn Vanheule Effectuating recovery: two perspectives

### Abstract no 306

This workshop consists of 2 parts of half a day

During the first part **Stijn Vanheule** will focus on how Lacanian psychoanalytic therapy might engender a process of existential recovery. In the second part **Peter Dierinck** discusses how the practice of quarter-making (“kwartiermaken”) contributes to processes of recovery.

Starting from a theoretical perspective on psychiatric symptoms Stijn Vanheule will address how psychopathology implies existential challenges that might be addressed in psychoanalytic therapy. Focusing on psychosis he will discuss how the Lacanian approach aims at finding stabilizing solutions for maddening issues people are confronted with in their lives. Published examples as well as cases from his own practice will be discussed, and brought into dialogue with the audience.

As **Peter Dierinck** will discuss, quarter-making consists of finding and creating hospitable places for people that are being excluded because of intellectual disability, race, sexual orientation or mental vulnerability. Professionals engaged in quarter-making aim at effectuating recovery, starting from an attitude of equality between professional and patient. The entire process starts with the question as to what a patient values in life. Psychiatric hospitalization frequently entails social isolation, which might be countered by actively connecting with relevant social networks. With multiple specific examples from his own practice Peter Dierinck will address quarter-making, thus indicating how professionals can implement it.

#### Lecturers:

**Peter Dierinck** is a clinical psychologist in Belgium, and works in a psychiatric clinic (Gent-Sleidinge). For 25 years he worked at a ward for homeless people with mental vulnerability, and for 3 years in an ACT-team. In 2017 he published a book about these experiences (“Hoop verlenen”, 2017, Witsand). Currently he runs a pilot project on quarter-making (“kwartiermaken”).

**Stijn Vanheule** is a clinical psychologist, psychoanalyst (New Lacanian School), and professor of clinical psychology at Ghent University. He published widely on psychosis, assessment, and clinical practice, mostly starting from a Lacanian psychoanalytic and critical perspective (e.g. “The Subject of Psychosis: A Lacanian Perspective”, 2011, Palgrave Macmillan; “Psychiatric Diagnosis Revisited: from DSM to Clinical Case Formulation”, 2017, Palgrave Macmillan)

**ON THE HEALING POWER  
OF HUMAN RECONNECTION**