



ABSTRACT ISPS 274

Madness meets Creativity

Friday 8-30-2018 - Mandela Hall - 13.30-17.00

Madness meets Creativity

During the meeting of Madness meets Creativity the speakers will take you through a journey where art meets psychiatry.

At the Beautiful Distress conference held in November 2017 the audience gave input to connect different disciplines to formulate recommendations to fight stigma and promote social inclusion and participation of those who suffer from a mental vulnerability ..

The audience was a mix of patients, health care professionals, family and friends, artists, policy makers and students, representing all areas of life. In 2019 the results were published in the book; Beautiful Distress.

In this workshop we will present some of the strongest recommendations. We will present art which was made as a result of the Beautiful Distress activities, and invite the audience to work on those recommendations with the intention to develop earlier results and apply those in daily life.

In the discussion we hope to give the audience tools to take home inspiration to discuss stigma and support social integration. We hope to receive material from the audience to go on with our mission. The audience will also hear and see more of the work Beautiful Distress is doing.

Talk about ART & PSYCHIATRY - Residency and Summer School

The Fifth Season (Het Vijfde Seizoen) is an artist residency located at one of the oldest mental health institutes in The Netherlands in the province of Utrecht. In The Fifth Season professional artists work for one season. Since 1998 many artists have worked in The Fifth Season It is an inspiring place. The line between sick or not sick sometimes seems to disappear for the artists and the patients. Each artist picks his own angle and approaches psychiatry from a personal point of view. By inviting a different artist every season to work at the residency, a contribution is made to our goal of bringing society closer to psychiatry. Through their works of art the artists contribute to the imaging of the psychiatric patient and psychiatry in general.

The Fifth Season runs an exhibition space together with Beautiful Distress Foundation @ NDSM wharf in Amsterdam

- In 2017 the residency started a Summer School for young artists. The Fifth Season organize the summer school to challenge a new generation of artists to collaborate and work within the field of psychiatry and create 'new' images about mental health
- Starting point of this year's edition is the subject of privacy in mental health in the future. We use the year 2050 as a point of focus to develop speculative artistic proposals for our future. In the talk Esther Vossen show the work of the residency as well as the summer school.

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Short biography Wilco Tuinebreijer

Wilco Tuinebreijer studied medicine at the University of Amsterdam. He studied psychiatry at Mentrum Amsterdam. His career covers a wide field of public mental health activities. His work contains emergency psychiatry, public psychiatry and health politics. After working for the GGD as psychiatrist and medical director, he now works for Arkin. He is currently working on a city wide project to provide good mental health care for refugees who have a history of loss and violence a chain of care is built to reduce psychological symptoms and to promote integration in society

Besides his professional work he has been involved in many projects where culture and psychiatry meet each other, and integration of the new citizens of the city of Amsterdam is an important goal.

He is founder and chairman of the Beautiful Distress foundation. Beautiful Distress strives to create more awareness and acceptance in society for the mentally ill. Through creating and promoting awareness, community willingness to achieve effective professional help for psychiatric patients will increase, within and beyond the established health care sector. By removing stigmas Beautiful Distress hopes to help foster understanding for the problems that patients face. By bringing different worlds together, Beautiful Distress wishes to validate the world and experience of the mentally ill. Beautiful Distress is active in The Netherlands in collaboration with The fifth Season, Belgium the US, the UK and Japan, where Beautiful distress creates artist in residencies, exhibitions and lectures against stigma and stereotyping.

Wilco Tuinebreijer

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<http://theartofimpact.nl/projecten/beautiful-distress-kunstmanifestatie/>

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Short biography of Angèle de Jong

Angèle de Jong studied Child Development and Education at the University of Amsterdam. She worked for several years for diverse film & tv programs/organisations like Sesamstreet, the Cinekid Festival and Eye- the Dutch Film Museum. Later on she worked as a projectmanager and spokesman for Dutch Ministeries and European projects about Education, Life- and Career development and Diversity policy in HR management.

Several years ago she choosed to be open about her lived experiences in Psychiatry and Mental Health Care and combine this with main subjects in her work: Imaging and Didactics. She works for Arkin, a big Mental Health Care Organisation in the region of Amsterdam, on Peer Recovery and Training and Development.

Since the Beautiful Distress Conference, she works together with this foundation and is coordinator of the Project 'Madness meets Art' . From September '19 till Januari '20, six meetings will take place in the Beautiful Distress House, created by artists and people with lived experience, people from their social networks, and employees of the social domain and mental health care and social organizations. Art and creativity is used as unifying language for more awareness and understanding for people that suffer from mental problems.

Short biography Esther Vossen

Esther Vossen is director / curator of The Fifth Season, an artist residency in the mental health institute Altrecht (Utrecht, The Netherlands). At Altrecht she is as well arts advisor and in this function responsible for art commissions and the art collection of the organization.

Beside this she is co-founder and curator of Beautiful Distress House, the exhibition and projectspace of the organization Beautiful Distress and The Fifth Season.

Vossen is board member of the Association of Corporate Art Collections Netherlands (VBCN) and committee member of the various national funding bodies. She studied Journalism and worked as a program maker for a Dutch national broadcast company (VPRO). Hereafter she studied at the Art Academy Amsterdam, followed by art history at the University of Amsterdam. Since 1998 she was project manager and curator contemporary art at several visual art institutions, like de Appel Arts Centre, the State Academy of Fine Arts in Amsterdam and the Dutch national museum of psychiatry, museum The Dolhuys.

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