



Abstract Nr: 266

Ftah al-bab: open the door

Dutch Moroccans with psychiatric problems: three portraits
Workshop with short movies (English subtitles)
Housnia el Mimouni, Cosbo Stad Utrecht
Huub Beijers, Steunpunt GGZ

- The story of Amina
- The story of Badia and Abdelkader
- The Story of Redouan

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Amina's story

Amina's life apparently runs smoothly for the outside world. The physical aftermath of a car accident at her forties confronts her with the psychological pains she suffered in the course of her life. She is working on her recovery through creative therapy. While painting, her life story becomes visible.

The story of Badia and Abdelkader

When his wife leaves him, the voices in Abdelkader's head become increasingly grim and violent. Previously he has been admitted to a psychiatric clinic. Now his sister Badia decides to take care of him. Every day she goes to his house.

Redouan's story

In this portrait, Redouan films his own life, partly from the balcony of his mother's apartment, and partly in contact with (health) authorities. He has just been released from prison and tries to get his life back on the track again. Every day he hears and sees a 'sahir' (sorcerer) who harasses him.

The three films were commissioned by Steunpunt GGZ Utrecht (2010), and aim to stimulate an open dialogue within the Moroccan community about psychiatric problems and to fight prejudice.

**ON THE HEALING POWER
OF HUMAN RECONNECTION**