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**The oldest Social Psychiatry Rehabilitation Center in Poland after 15 years of activity.**

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**Learning Goal:**

Making community to work therapeutically in community.

Inventing therapeutic and safe environment for young (15-23 y.o.) patients with very different diagnosis.

**Abstract Text:**

**Hostel** works since 2002, inspired by the Scandinavian psychiatric solutions is the oldest such center in Poland.

The program is aimed at young pupils aged 16-23 with diagnosed psychotic disorders, mood disorders, and for this youths who don't have possibilities for normal life in their environment.

They have experienced situations that have led to the loss of confidence in their peers and adults, the lack of self-confidence, the feeling of exclusion from life. In their lives they met a serious crisis, and the Hostel try to return them to balance. Residents of Hostel continue their education in the middle and high school. There is a psychosocial program in the Hostel based on a therapeutic community and individual therapeutic support. We offer social skills training, psychoeducation, individual and group psychotherapy, occupational therapy, music therapy, cognitive therapy, social activity, sport and leisure activities. Young people participate in the social and cultural life of the local community and Warsaw. A special role is the cooperation with families and supporting them. Family therapy family educational groups is part of a treatment.

Staying at the Center is about healing and strengthening your personality, taking into account the needs of young people and helping them being an independent person.

Since 2003 lot of changes happened: conditions of the Hostel's operation, political, cultural and socio-economic situation in Poland.

simultaneously there were changes in psychiatry itself - the National Mental Health Program in Poland was implemented, some programs and psychiatry facilities in community therapy started to deal with youngsters. Dissemination of specific diagnoses in children and adolescents' psychiatry has changed.

The authors try to look at how the Hostel Patient was changing, what are the reasons for staying at the hostel (diagnosis, socio-economic conditions, family conditions) and how in connection with these factors looks the current therapeutic offer.

**ON THE HEALING POWER  
OF HUMAN RECONNECTION**