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REPAIRING THE WOUNDS: TRAUMAS OF ORIGINS, JOURNEY AND ADAPTATION

Fulgenzio Rossi¹, Dania Piras²

¹Isp Lombardia, BERGAMO, Italy

²ISPS Lombardia, BERGAMO, Italy

Learning Goal:

The learning goal of this work would be checking if this new ethnoclinical approach for psychosis may improve the effect of therapy for this kind of patients.

Abstract Text:

The massive arrival of migrants in Italy has raised important questions, not only of practical, political and administrative nature, but also of a socio-welfare nature, such as the treatment of mental illnesses. This is particularly related to the complex events at the origin of migration, the often traumatic nature of the journey and the issues connected to the requests of adaptation posed to a culture of a geographical and cultural area experienced as “other”, and therefore considered as alien.

The presence of particularly vulnerable people and seekers for international protection, victims of torture and/or suffering from mental distress, requires the creation of places of care able to think of the migrant in his/her complexity, promoting coherent answers to their needs. This is particularly difficult for the organization of services in our country where the facilities are thought and organized in order to give a response to the needs of health and social cohesion to a sufficiently homogeneous population sharing the same history, tradition, culture and religion.

Since January 2016, Cooperative Ruah (Bergamo – Italy) have been hosting in their premises migrants in situations where the urgency of psychosocial distress or mental disorder makes it necessary to provide specifically targeted assistance and support, with particular attention to cultural and ethnic variables.

In this Presentation the characteristics of the therapeutic approach, the ethnoclinic device, the epidemiological data on the cases followed from 2016 to 2018 will be described.

Author: Dr. Rossi Fulgenzio

**ON THE HEALING POWER
OF HUMAN RECONNECTION**