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SEE ALL OF ME - an online dialogue based learning program for the understanding of psychoses

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Learning Goal:

Through this online dialogue based tool, we share knowledge from the inside perspective of psychosis. After showing a sample of video clips, we reflect together in plenary and in smaller groups upon the impressions we get. We surely assume that the narratives and the animations will enhance understanding of psychosis.

Abstract Text:

On the last ISPS International conference in Liverpool, 2017 the TV documentary “Stemmene i hodet” (eng. Hearing Voices) was presented by the director Gunhild Asting. During 2018, SEPREP foundation (Center for Psychotherapy and Psychosocial Rehabilitation of Psychosis) and Asting have collaborated on transforming the TV documentary into an online learning program. The program was released in Norway, November 2018.

We are pleased to have the opportunity to present parts of this program in Rotterdam. By then, we’re planning to subtitle parts of the videos and texts mediated by the main characters from the learning program, entitled; “SE HELE MEG” (www.sehelemeg.no). (Eng.): “SEE ALL OF ME”. The program aims to be an effective tool for dialogue between patients, families and professionals what comes to understand the nature of psychoses, recovery and the significance of relational work. This is an opportunity to get to know the narratives of Maria, Ruth A and Benjamin. They have all experienced psychosis and they point out for us what is important in treatment and in recovery-processes. Gradually we hope to share this program internationally, with english subtitles, to all who are interested in the inside perspective of psychosis.

During our presentation here in Rotterdam, we want to show you short video clips from SEE ALL OF ME, containing narratives, helpful dialogues and animations, which make deep expressions of how psychotic images and experiences disturb social life, and how frightening and stressful they can appear to be. In connection to the videos we want to open up for reflection and discussion in groups.



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OF HUMAN RECONNECTION**