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Type of Presentation: Workshop

Working with families from different cultures

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Learning Goal:

People attending the workshop will gain an understanding about the issues relating to working with families from various cultural backgrounds

Abstract Text:

The Meriden Family Programme formed in 1998 with the aim of improving the experience of families in contact with mental health services. One of the key elements to this has been the training of clinicians in Behavioural Family Therapy (BFT), a model of family intervention developed by Ian Falloon.

To date, over 6000 people have been trained in BFT across the world. These people work in different services with different populations. The programme continues to link up with people who have been trained and can hear directly about their experience of working with families in their communities.

The workshop will look at cultural considerations to be mindful of when working with families based on members of the Meriden Family Programme's experiences over the years. The focus will then move on to exploring in more detail the implementation of BFT in Japan and Uganda, two countries with differing cultures but both where BFT has benefitted families.

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