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Psychosis, delusion and identity loss.
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Learning Goal:
Personal story how I experienced my psychoses as a Dutch adolescent born in Morocco.

Abstract Text:
Raised in a traditional Moroccan family with Islamic values, I experienced growing alienation and distance towards Dutch people and society in general during my (pre)adolescent years. I felt I was different and I had trouble coping with it.

In my adolescent years (20-25) my identity was mainly externally determined. If you would ask me at that time about who or what I was, I would give a very vague answer if I would give one at all. I knew how to behave and how not to, when I was among mainly Dutch people or mainly Moroccan or muslim people.

After 2001 (the year my mother died and 9/11 happened), this feeling of not belonging, not being part of society grew even more.