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Tantric Spirit Mourning for Mental Health
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Learning Goal:
In this workshop, we will discuss psychosis as an expression of mourning for a fallen world. We will talk about the nature of grief and its importance in world healing and discuss Tantric Spirit Mourning as an innovative new technique for resolving ancestral wounds and moving forward.

Abstract Text:
As the world of psychology learns to open its doors to the insights of Jung and other metaphysical masters, the ways in which we think about mental illness are changing. While mental illness has many causes, one of the main causes in this day and age is grief. In fact, so many have died or are suffering as a result of humanity's traumas that the mentally ill are more accurately described as mourners of the dead or dying.
Symptoms like hallucinations, clairsentient hallucinations, paranoia, delusions, and the like often hold key healing wisdom that can transform the individual, family or society if properly assimilated. Often, such symptoms are a function of the individual or spirit's deep anguish about the suffering in society. These symptoms cannot be cured unless the spirit/s are healed and released from the person's awareness - or humanity itself is released from the covenant that trapped the spirit/s in their current state of suffering.
As a profession, we need to stop thinking of many of these people as "sick" and see them for what they are - shamans shepherding the spirits of the living and the dead into the "Light." As such, we need to stop trying to "cure" these illnesses and respect the sacred healing processes that they represent. Tantric Spirit Mourning is an innovative new therapy that uses shamanic techniques to help clients process spirits, suffering and global tragedies for the purposes of resolving personal traumas and healing society.

**ON THE HEALING POWER
OF HUMAN RECONNECTION**