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Racial Trauma and Soul Retrieval: Existential Kink as a Tool for Shamanic Healing

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Learning Goal:

In this workshop, participants will learn about the philosophical dualism of race and ethnicity, understand consciousness and soul orientation as it pertains to race, and learn about soul contracts and the shifting imperatives of sacred duty as they pertain to race solidarity and patriotism.

Abstract Text:

Birth is an initiation into an identity characterized by things like race, religion, political orientation, ethnicity, etc. This initiation constitutes a nondual initiatory path into a consciousness premised on Oneness, like the Kabbalah's Tree of Life. As part of this path, we are born into a racialized body and start forming our sense of racial identity in childhood, even as early as infancy. This sense of racial identity is informed by our parents, peers, the media, the educational system, and our community. As a result, we develop an entire moral framework around how we and the people around us interpret race. This framework results in a moral orientation that informs all of the choices we make.

As a person moves through life, they are constantly faced with moral dilemmas that require them to make difficult choices, on a micro and macro level. These choices either advance or detour them on the Path of their soul's purpose. People can also be detoured from their soul Path by the actions of others, as well as their ancestors' actions and previous life karma.

Racial trauma is one of the main factors that can detour a person from their soul Path. It can happen within many contexts, including the family, educational system, community, or larger society. Usually, when racial trauma occurs, it results in deep shame and a rejection of the Self characterized by sound morality.

Soul retrieval is a shamanic healing technique that uses Existential Kink to reestablish people on their soul Paths. Existential Kink operates on the premise that people who are stuck in self-destructive behavior are often getting off on some aspect of their situation. Through exercises customized to reintegrate an authentic sense of racial identity, the person rediscovers a healthy sense of Self and is reestablished on their Path.

**ON THE HEALING POWER
OF HUMAN RECONNECTION**