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### **Psychosis and the Prophetic Sense**

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#### **Learning Goal:**

In this workshop, participants will learn about the prophetic sense, what constitutes it, and how to use it. We will discuss the history of prophecy and how it is accessed, and discuss its relationship to mental health.

#### **Abstract Text:**

Throughout history, mystics, prophets and saints have relied on the prophetic sense to navigate their relationship with the world. This sense allows them to move between the inner and outer world, serving as a major influence in decision-making and informing their life paths.

Prophecy is used to encourage people to repent and step back onto their Path. Within this context, the prophetic sense can be directed at the individual, the family, the community or the society. It acts as a healing tool to ensure that people stay on the proper path in life and carry out their life missions.

The prophetic sense can be expressed using several senses:

Clairvoyance Clairaudience Claircognizance Clairempathy Clairtagency Clairsalience Clairgustance Clairsentience Psychic revelation Psychic premonition Intrusive thoughts It is based in deep intuition that has no grounding in objective truth. In fact, the prophetic sense is innately flawed in that it relies upon intuitive knowing instead of empirical truth. For this reason, as St. John of the Cross describes, it can be deceptive. Some prophecies come from dimensions of knowing, or spirits, that have an orientation of anger, hatred or confusion. For this reason, they represent potential threats rather than pure prophetic revelations.

It is these deceptive prophecies that mainstream psychiatry often pathologizes as mental illness. While mental illness has many causes, the prophetic sense often leads to psychosis, depression, anxiety, obsessions and even mania. These prophecies must be understood and integrated into the fabric of society or the personality for the psychiatric symptoms to cease.

**ON THE HEALING POWER  
OF HUMAN RECONNECTION**