



Abstract Nr: 141
Internet ID: 363

Type of Presentation: Poster

GETTING IN TOUCH WITH PAIN IN PSYCHOSIS: MULTIFAMILY PSYCHOANALYSIS EXPERIENCES IN ROME

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Learning Goal:

Gruppo di psicoanalisi multifamily, “vivencia”, Argentina, borda, Garcia Badaracco, “transfert multiplo”, “interdipendenze patologene e patologiche”, crisi, salute mentale, “mente ampliada”, autenticità della relazione terapeutica.

Abstract Text:

Clinical exemplification will be the narrative “fil rouge” with which we can observe, in a Multifamily Psychoanalysis Group, the change that occurs in the minds of patients, family members and operators. Participants become active on the “vivencia”, that is getting in touch with “the current feeling”, but also with their own personal history and suffering. Multifamily Psychoanalysis Groups (Argentina, Badaracco), allow, through “multiple transfert”, to observe and to dissolve the family mess or the “pathogenic and pathological interdependencies” that led to the crisis.

The family turns to the central mental health institute on the one hand communicating a need for delegation of care and on the other hand with the need of a “resolution of the problem that inexplicably damaged a child who was perfect”. Families then go to the weekly groups telling of “unexpected collapses of anti-seismic buildings” but after months they begin to tell the micro-seizures, the lesions and real earthquakes that sometimes occurred even before the buildings arose. The chasms appear.

In the group is created a “mente ampliada” which allows to “think together what we cannot think of on our own”; the group becomes the container for traumas, mourning and unresolved experiences, which cannot be recounted outside of that specific conformation in which even the multiple concentric circles created by the chairs in the room could be seen symbolically as protective sheaths: “For my mother I am not never existed and I need to say it because if I say it, I put it there “.

The active presence of the operators is a resource for the healing process: the possibility of coming into contact with one’s own history brings the operator closer to the patient’s pain, reaching the authenticity of the therapeutic relationship.

**ON THE HEALING POWER
OF HUMAN RECONNECTION**