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Psychological interventions in Psychosis (PP) in Chile: Are there any training opportunities for Chilean therapists?  
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Learning Goal:  
As part of a broader analysis on psychosocial interventions for psychosis in South America, we have a first approach on the availability of training opportunities for therapists in Chile. We present a systematic search on formal Psychological Interventions in Psychosis training in Chile.

Abstract Text:  
Introduction: PP have been widely studied and are recommended for people experiencing different stages of psychosis. Offering this kind of treatment depends not only on the availability of professionals but also on their expertise, which requires training. There are different PP training opportunities, especially in North America and Europe, but it is difficult to find them in South America. Chile has a nationwide Public Mental Health program and Guidelines for Schizophrenia (GES 2017) which include PP in their recommendations.

General Objectives: To review the availability of formal training opportunities for PP in psychology programs curricula in Chile.

Method: An electronic search of Chilean undergraduate and postgraduate psychological programs was performed to collect their curricula, gathering information from courses, workshops, postgraduate diplomas, masters and clinical internships offered between the years 2018 and 2019. Search words for each of these curricula were: psychosis, schizophrenia, psychotherapy in psychosis, early intervention in psychosis. Non-accredited programs were excluded. In this opportunity the individual content of each course listed in the curricula was not analyzed.

Results: None of the search words could be found in the curricula publicly available from undergraduate and postgraduate Psychological Programs in accredited Chilean universities.

Conclusions: The absence of results in this search suggests that formal training in PP is not available in Chile. Although the Chilean Schizophrenia Guidelines suggests that CBTp should be offered to people experiencing psychosis, replicating NICE Guidelines recommendations, these recommendations have not been accompanied by public health policies ensuring training for therapists. Future studies should be directed to review and analyze the individual programs of each course described in the publicly available curricula.