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Changing society’s understanding of psychosis: a call to arms
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Learning Goal:
To learn about media coverage of psychosis together with recent attempts to improve it and to change society’s whole understanding of the experiences sometimes labelled schizophrenia. To gain ideas and inspiration from other participants about how to contribute to this vital work.

Abstract Text:
In 2017 the presenter was named British Psychological Society Practitioner of the Year for her work helping to change the public narrative about psychosis and to make available good quality public information, including the BPS report ‘Understanding Psychosis and Schizophrenia’. Her presentation will analyse the current messages of mainstream media coverage, drawing on a recent study which she undertook with colleagues. It will then describe her own and colleagues’ work to improve public understanding of psychosis, and in particular to ensure that psychosocial approaches are represented in the media. Finally, she will challenge audience members to become engaged in this work, and facilitate a discussion of people’s own ideas and experiences.