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How Lister Daar-na Utrecht takes a culturally sensitive approach to psychosis

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Learning Goal:

At the end of this workshop, participants will

- understand which factors lay behind the path to mental health care is not always followed or is delayed among Muslim men in the Netherlands who suffer from a psychosis
- understand which cultural sensitive interventions Daar-na uses.

Abstract Text:

Psychoses are in the Netherlands more common among migrants. Although the symptoms are often more serious, the path to mental health care is not always followed or is delayed. The extent to which the risk is increased differs per ethnic group and increases up to seven times higher among Moroccan men compared to native Dutch men. The risk is even higher for second-generation immigrants than for immigrants of the first generation. Statements for this increased risk can be found in the culture and social status. In the second generation factors such as identity crisis, caused by growing up in two different cultures and social defeat (exclusion and discrimination) play a role.

These kinds of fine examples and the (serious) results from research have prompted us to set up something for this vulnerable migrant group.

Lister, an organisation in Utrecht who gives help to people with a severe psychiatric disorder, and Ypsilon, an organisation in the Netherlands who helps families who are suffering with a family member with an psychiatric disorder, want to offer a culture-specific home for men with multiple (psychotic) problems. A place where the recognition and recognition of other clients with similar problems (peersupport), where connection is made with families and where specific attention is paid to cultural issues. At the end of March 2017, Lister, in collaboration with Ypsilon, started the first Family Supportive Living Form for men with a Muslim background and psychotic vulnerability. In the summer of 2017, this housing form was given the name 'Daar-na'. Daar-na means in Arabic 'Our House'. In this workshop we will tell you more about 'Daar-na', our goals, our bottlenecks and results.

**ON THE HEALING POWER
OF HUMAN RECONNECTION**