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Psychotic transference as a bridge over the abyss of time

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Learning Goal:

Learn how to :

- discover the importance of transference phenomena in therapeutic relationships
- bridge the abyss of despair due to lack of meeting history and trauma in therapy
- include therapists' own perceptions and history in a therapeutic coresearch setting

Abstract Text:

Learning from psychoanalysis, we know that psychosis is linked with the presence of images and sensory perceptions recorded in a non repressed unconscious. We also know that transference phenomena are critical moments necessary for the therapeutic process. These critical moments occur in an arrested time and are like crossroads opening a way for a new loyalty which put time into motion.

In the traumatic dimension, time and space get lost and traumatic memories (individual and collective) are acted out in the hope to find an other who will witness. When this encounter is missed, and the therapist does not disclose the resonance on his side, the patient is at risk to despair of meeting any one, although psychosis multiplies its efforts to be heard.

The patient suffering with psychosis is in the strongest search for psychodynamic psychotherapy because of the need for understanding the unknown in himself, the other and the environment. So psychotherapy has to become a co-research setting (including therapeutic team).

We consider the most difficult part of the psychotherapeutic approach is to dare to tell about these critical moments we call transference. The different papers presenting have this courage, starting with the transitional subject described by Benedetti and Peciccia. Secondly, we will hear the political issues, when the erasure of history traces in Poland return in the psychotherapist's office. Thirdly, we will see how unwelcomed bodily perceptions in the analyst during transference witness of unspeakable abuse and finally, how becoming alive and experience feelings is the cornerstone of therapy.

The abyss of time, manifesting itself in an everpresent catastrophe could be put into motion thanks to the psychotic transference. It can bring back the freedom to the subject and fight the perversion that blurred the limits and erased the truth.

**ON THE HEALING POWER
OF HUMAN RECONNECTION**