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Transparency in care- Handbook for patients and their families in early intervention service for patients with first episode of psychosis

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Learning Goal:

Attendants will be encouraged to use transparency as a tool to build up a collaborative relationship with patients and their families.

Abstract Text:

Early psychosis clinic in Helsinki University Central Hospital, Helsinki, Finland (catchment area 592.000 inhabitants) is designed to assess and treat patients with first episode psychosis (FEP), age between 18-40 years. Another aim is to detect young people at ultra high risk of developing psychosis (UHR). We treat approximately 152 FEP-patients per year. Service is designed by means of Need Adapted – and Open Dialogue approaches to support patients' and their families' recovery not only by treatment meetings but also by different interventions e.g. CBT, multifamily groups, SCIT- and CRT-groups.

2017 we noticed that we needed a tool to help discussions and decision making which interventions would be need specific for patient and the family.

The handbook was invented in order to widely introduce various interventions and how they are carried out. It also contains descriptions of the principles of care and how the treatment itself is organized.

First version of the handbook was published in May 2018 and it was immediately brought into use. The process of translation into English started in January 2019. Feedback of the handbook will be collected in May 2019 and presented in the poster presentation.



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OF HUMAN RECONNECTION**